

# Supervised Apartment Program



- Staff members are available 24 hours a day
- This program is available up to 24 months for residential services
- SAP is a voluntary program to assist people in achieving their goals
- Scheduled Team Meetings to discuss short and long term goals of success and active discharge planning
- 10pm program curfew unless pre-approved via Program Coordinator
- Drug & Alcohol Free Environment

**If you or someone you know needs help, contact Sound Community Services today**

## PROGRAM INFORMATION

The Supervised Apartment Program (SAP) is a transitional residential program for individuals who will benefit in their recovery from the assistance and support of on-site staff 24 hours a day. SAP offers a range of psychosocial groups such as Women's Group, Men's Group, Peer Check-in Group, ADL Skill Building Group, NA/AA, movies, wellness, community-based events, and Life After SAP. The program offers case management as well as on-site staffing 24 hours a day.

The goal of this program is to assist you to obtain the skills you need to further your recovery and to live independently in the community. SAP is a two year transitional program, and provides clients with a drug and alcohol free program. Regular review is conducted around each individual residing at SAP to ensure that they continue to meet program criteria.



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