

# Oasis

Social Rehabilitation Program

## WHO COMES TO OASIS

Adults over 18 years of Age or older

## REFERRALS FROM

Yale Lawrence and Memorial Hospital • SMHA • SCSJ  
• Community Supporters and Walk-ins

## CRITERIA

Mental Health and/or Substance Use Disorder

## Clubhouse Hours:

Monday-Friday  
8:00 AM-2:00 PM

If you or someone you know needs help, contact Sound Community Services today

Oasis offers a variety of workshops, volunteer, and social skills activities. We provide recovery-oriented clubhouse membership that includes: peer support, social networking, and recreational activities.

Members work with staff as a team to sustain operations of the clubhouse. The goal of the program is to encourage and develop growth in the community.

## EXAMPLE OF INDIVIDUALIZED PROGRAM GOALS:

"To not isolate at home and learn how nice the community can be"

"To give back to the community by volunteering at a local non-profit"

"To learn how to get along with people in the work place"

## OASIS RECREATIONAL OUTINGS :

Peer Planned Outings	Walks at Parks
Softball League	Art Galleries
Mini-Golf	Movie Theater
Bowling League	Museums
Billiards	And whatever you plan...

## WORKSHOPS

Pre Employment Training  
Volunteering  
Community Resources  
Men's Workshops  
Women's Workshops  
Mental Health Education  
Life Skills  
Creative Writing  
Meditation  
Bingo  
Arts and Crafts  
Wellness  
Peer Support  
Peer Leadership Meetings  
Contribute to Management of Clubhouse  
Social Change  
Virtual Workshops  
And much more...



SoundCommunityServices

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[www.soundcommunityservices.org](http://www.soundcommunityservices.org)

In Partnership with

