



*A drop-in center  
for young people  
navigating their  
next steps*  
**Ages 18-25**



SoundCommunityServices



## MISSION

The AXS Center provides a long-term, life changing environment that values and supports young adults.

## PHILOSOPHY

We focus on building positive relationships through education, recreation and community partnerships to enhance the quality of life for southeastern Connecticut's young adult population.

## WE ARE:

A place where young adults can change their lives.

The AXS Center provides tailored services to young adults with emotional, mental health and/or substance use concerns. Their experiences may include foster care, group home settings, the juvenile justice system, or homelessness, but any young person seeking help is welcomed.

We provide a space of: safety, support, acceptance, skill building, goal-setting, socialization, and hope.

We ask our young adults to challenge their perceptions of themselves and others.

We help them to identify their gifts and goals.

## DO YOU OR A YOUNG ADULT YOU KNOW...

- want to finish school?
- find a job?
- find a safe, clean place to live?
- learn how to budget?
- grow in skills and confidence?
- connect with good people?
- want a fun, safe, supportive place to hang out?

## SERVICES & RESOURCES

- Case Management
- Independent living skills training
- Clinical support groups
- College and vocational training support
- Employment assistance
- Homeless outreach
- Community networking
- Housing assistance
- Simulated living experiences
- Computer lab with Internet
- Resources library
- Study area
- Daily meals and refreshments
- Shower and laundry facilities
- TV, DVD and video gaming area
- Basic needs items
- Creative/expressive arts activities
- Social outings



# Come visit us!

## The AXS Center

21 Montauk Ave., | New London, CT | 1-860-271-4709

Monday-Friday, 9 a.m.- 2 p.m. | [soundcommunityservices.org](http://soundcommunityservices.org)

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