

Oasis

Social Rehabilitation Program

WHO COMES TO OASIS

Adults over 18 years of Age or older

REFERRALS FROM

Yale Lawrence and Memorial Hospital • SMHA • SCSJ
• Community Supporters and Walk-ins

CRITERIA

Mental Illness and/or Substance Abuse Diagnosis

Clubhouse Hours:

Monday-Friday
8:00 AM-4:00 PM

If you or someone you know needs help, contact Sound Community Services today

Oasis offers a variety of workshops, volunteer, and social skills activities. We provide recovery-oriented clubhouse membership that includes: peer support, social networking, and recreational activities.

Members work with staff as a team to sustain operations of the clubhouse. The goal of the program is to encourage and develop growth in the community.

EXAMPLE OF INDIVIDUALIZED PROGRAM GOALS:

"To not isolate at home and learn how nice the community can be"

"To give back to the community by volunteering at a local non-profit"

"To learn how to get along with people in the work place"

OASIS RECREATIONAL OUTINGS:

Peer planned outings

Softball League

Mini-Golf

Bowling League

Billiards

Walks at Parks

Art Galleries

Movie theater

Museums

And whatever you plan...

WORKSHOPS

Pre Employment Training

Volunteering

Community resources

Men's Workshops

Women's Workshops

Mental health Education

Life Skills

Creative Writing

Meditation

Bingo

Arts and Crafts

Wellness

Peer Support

Peer Leadership Meetings

Contribute to Management of Clubhouse

Social Change

Virtual Workshops

And much more...

