

Referral Process

1. Fill out referral form in its entirety

Don't have a blank referral form? That's okay! Simply fax the following information to our confidential fax number and give us a call to begin the referral process.

Individual's Info:

- Name
- Address
- Birthdate
- SS#
- Insurance info. (type/ID#/Group#)
- Phone number
- Reason for referral

Referral Source Info:

- Name
- Phone Number
- Relationship to individual
- Release of Information from individual to speak with us regarding their care

2. Fax form to our confidential line with attention to IOP

3. Contact us via phone to schedule intake appointment



SoundCommunityServices

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IOP Coordinator
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Look out for new developments
and treatment options available
in the near future



Sound Community Services
Inc.

Dual-Diagnosis Intensive Outpatient Program: New London



SoundCommunityServices

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"We offer solutions to
problems that can seem
hopeless"

Sound Community Services, Inc.— Intensive Outpatient Program

Curriculum

- Dual-Diagnosis program
- Utilizes strengths based perspective
- Unique flexible curriculum adapted to the expressed goals and needs of group members
- Combination of evidence based practice, skill building (including practice!!), and education



SoundCommunityServices

Do you work with an individual experiencing an increase in symptoms?
Someone transitioning to a lower level of care?
Someone struggling through a rough time of year?
Do you think your client would benefit from a higher level of care, but not appropriate for inpatient.?

Send us a referral!

Morning Program Options:

(Transportation provided upon request for mornings)

5x/week M, T, W, Th, F
9am-12noon

Afternoon Program Options:

3x/week T, W, F
1pm-4pm
(Transportation not provided at this time)

Speedy psychiatric evaluations available for those individuals transitioning from a higher level of care into the community

Here's some feedback from individuals who have successfully completed our program...

"The program was very beneficial to me at a very hard time in my life. It helped me to open up and work on myself."

"Although I'm still learning and trying to make progress, this program shed a lot of light on how to avoid relapse and I definitely learned how to cope with some of my emotions and how to pinpoint signs of relapse"

"What was most beneficial to me was the great support I had during my time here and learning how to identify my problems and emotions and why and how to go about them. Also, learning ways of communication was very beneficial for me and now to go about relationships and ways to communicate."

New London, CT